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## VONDA KUNZ

DOULA, STUDENT MIDWIFE

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### OBJECTIVE

I desire to finish midwifery college, and then take an active role in providing one on one care for all women, having an open access and a skilled midwifery services. I want to “be the difference” by following the midwife model, to ensure that all those that are entrusted to me, get both a positive experience and the best possible outcomes. The role I could play in midwifery I believe could make a huge difference in my rural area and will be shown in the partnerships I establish with my clients, the complete midwifery care I hope to provide and in the responsibility, I’ll take in supporting and educating them. I believe all these will encourage them to take an active role in their own health care and informed decision making. I feel like I could be an asset to another midwifery practice or team of midwives and would like to start my practice there and eventually have my own business and birthing home.

### SKILLS & ABILITIES

CCBE, CBD(DONA), CPD, NRP, CPR, AED and First Responder. I have been a Doula since 1983, I am a student midwife at “MCU”, and Second attendant in Midwifery.

### VITALS

23066 6875 Road

Montrose, Colorado 81403

T (970) 261-7555

E VondaKunz@MeagerBeginnings.com

## EXPERIENCE

### MEAGER BEGINNINGS DOULA SERVICES

2/1983 – CURRENT (SELF-EMPLOYED AS A DOULA)

I have been a Birth and Postpartum doula since 1983 and have been a certified Birth doula through DONA since 3/2010 and certified Postpartum doula through MCU since 10/2011

#### Services provided

- Consultation visit
- Individualized prenatal care visits
- Herbal and Nutritional Counseling
- 24/7 On Call availability from 37 weeks – 1 week postpartum
- Labor and birth care
- Breastfeeding Support, Education and Counseling
- Individualized Postpartum Care Visits
- Lending Library
- Handouts

#### Extra Services I Provide

- Alternative Medicine - Herbology, Homeopathy, Kinesiology, Aromatherapy, Essential Oils & Natural Products
- Comfort, Encouragement, Pain and/or Anxiety Management
- Consulting, Counseling, Education and Support - Breastfeeding/Lactation
- Counseling, Education and Support - Childhood Sexual or Domestic Abuse
- Counseling, Education and Support - Grief, Miscarriage/Prenatal Loss/ Bereaved Families
- Counseling, Education and Support - Preconception, Fertility, Infertility
- Counseling, Education and Support - Postpartum Depression
- Counseling, Education and Support - Parenting
- Counseling, Education and Support - Teen or First Time Parenting
- Doula - Birth, and Postpartum Services
- Health care (Young Living Essential Oils & Natural Products)
- Maid Service
- Massage and/or Reflexology - Infant/Child
- Massage and/or Reflexology Education - Infant/Child
- Massage and/or Reflexology - Prenatal, Postpartum or Non-Pregnancy
- Massage and/or Reflexology - Raindrop Therapy

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- Massage Hot and Cold stone
- Nanny Services
- Natural Childbirth Education & Support
- Photography - Maternity, Birth, Newborn & Family
- Photography - 24 hr. Bereavement Photography Services
- Placenta - Encapsulation
- Placenta - Stamping
- Placenta - Umbilical Cord Art
- Physical, Emotional & Spiritual Support
- Videography – Birth

**2001-2012 A TOUCH WITH CLASS LIMOUSINE** GJ, CO.**Chauffeur**

- I am responsible for chauffeuring customers to and from their destinations safely, and taking photographs.
- Receiving payment for the service from the customer, and returning it to the company.
- Cleaning and returning the limo.

Some long-distance traveling was required.

**2007 HIGHLINE LAKE STATE PARK** Loma, CO**Gate Attendant**

- Greet customers, sold park passes and camping permits, gave out information about the State Park, other state parks, canyons, the surrounding area, etc. and kept the booths clean and organized.
- Overseeing of Boats and campground.
- Answered phone calls and taking photographs.

**2002-2007 RÂCHATS CLEANING SERVICE** Fruita, CO.**Home and Office Cleaning.** (Self-employed)

- I was responsible for running and managing my own company.
- Overseeing employee performance, hiring and training employees, employee meetings, meeting with potential customers, setting up customer scheduling.

Office duties included answering phones, filing, computer work, taxes, advertising, payroll; employee schedules, billing and receiving,

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managing finances, buying and stocking supplies, taking photographs, driving, and cleaning.

**2001-2002 WW STAGE LINES, INC.**

GJ, CO

Managing WW Stage Lines of Grand Junction, WW Stage Lines of Montrose. I also did filing and organizing and quarterly taxes for his son's company Evening Star Limo, Denver, Colorado

- Office duties included: answering phones, accounting, book keeping, & taxes for all 3 companies, computer work, included Quick Books, Cash management, web design and web hosting, photography, all advertising, invoicing and receiving, company expenses, company payroll, Dispatch both in the office and I often took the radio home on many nights and weekends, organizing the office and all filing cabinets and keeping the office clean.
- Met with potential customers, as well as regular customers both on the phone and in person, customer service, and handled concerns and complaints.
- Employee schedules, time sheets, set up random drug testing, company meetings, and catered lunches for the company meetings, as well as made and set up safety meetings for employees.
- Set up bus tours throughout the year in various states and at various attractions, booking hotels, scheduling site seeing and activities for those tours, setting up catering for all meals, making company flyers for those tours, designing coupons customers could use throughout the tours and precise schedules for the tours for both the drivers and customers.
- At times, I drove the buses to move them around the yard or when we needed an extra driver, and I sometimes cleaned the buses.
- I also worked in many emergency situations finding last minute employees for fire runs, working with many different fire departments agency and forest service's employees, to set up and run fire runs throughout Colorado and several surrounding states. In the winter time, I worked with Walker Field Airport to transport people from Walker Field to Eagle or Aspen airports when the planes couldn't take off because of weather conditions.

**2000-2001 LAID-LAW TRANSIT, INC**

GJ, Co

**School Bus Driver**

- I was responsible for driving children from their home bus stop to school and back safely daily, as well as keeping order on the bus during travel.

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- I did pre-and post-trip inspections on the buses that I drove, and kept my bus clean throughout the week then returned the bus to the company on the weekends.

**1991-1995 SANDY LANES BOWLING ALLEY** Sandy, Utah

**Bartender/ Waitress**

- I was responsible for Bartending, waiting tables, cashier, stocking coolers, cleaning machines, and bar area.

**1989-1995 BLACK BOTTOMS AND THOMAS TRANSPORT PACKS.** SLC, UT

**Seamstress**

- I was responsible for picking up cut materials from the shop, sewing all cut materials into emergency personnel packs and returning them to the shop with an invoice of what I charged for my labor.

## EDUCATION

**2016-Current MIDWIFES COLLEGE OF UTAH** SLC, UT.

- Midwifery

**2009-2013 MIDWIFES COLLEGE OF UTAH** SLC, UT.

- Midwifery

**2001 OBTAINED GED** GJ, CO.

**1980-1983 JORDAN HIGH SCHOOL** SANDY, UTAH.

**1987-1988 SALT LAKE COMMUNITY COLLAGE** SLC, UT.

- Fashion Design

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**COMMUNICATION**Testimonies: <https://doulamatch.net/profile/1991/vonda-kunz>**LEADERSHIP**

I have counseled women since I was a teen, friends and family would always come to me with their problems, as a Christian I served in our home church; for 10 years, my husband and I taught the "youth group", 7th -12th graders, I did the photography ministry, served in, taught and was the head of our women ministry for 8 years. I sang and played on the worship team, I held mom and daughter days, outings, BBQ's and for 5 summers in a row, I held women's bible studies in my home/backyard.

For many young ladies, women and pregnant moms they approached me for mentoring, counseling, encouragement, advice and I assisted several during and after their pregnancies, being a nanny, maid, comes easy to me, as I have been one for many years (unofficially in my own home) and had daily hands on training as a mother of 4 and now a nana of 6. I have been doing massage therapy since 1994, experimented and researched herbs since 2001; in 2003 I was introduced to Essential oils and totally fell in love with them. After much researching into several different companies in 2005 I became a distributor for Young Living Essential oils. I now teach hands on monthly classes in my home on the use of essential oils. In 2010, I was intrigued by learning the benefits to Moms of Placenta encapsulation and taking these capsules during the postpartum period, so, in 2011 I learned how to encapsulate placentas and have since added Placental Stamping and Umbilical Cord Art Keepsakes to some of the fun things I offer my clients.

**REFERENCES****JULIANNE S. GUY, RM, CPM, MPH**

970-963-2950

Jsguy61@hotmail.com

20 North 4<sup>th</sup> Street

Carbondale, CO 81623

**CHANEN KEARNS**

970-210-4907

62090 Dalia Rd.

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**VONDA KUNZ**

DOULA, STUDENT MIDWIFE

Olathe, Co. 81425  
Cisforcowgirl@hotmail.com

**JENNIFER WALCHLE**

970-275-3700  
jbekwack@msn.com  
16370 64.20 Road,  
Montrose, CO 81403